

German Championships March. 10th 2012.

Kata Category

~KATA Rules~

Age	16yr~open
Belt Rank	Green and up
Preliminary Kata	Gekisai Sho
Final Kata	Tsukino-kata Saifa Garyu Seienchin Seipai Kanku Sushihou

*Sanchin, Tensho, Bassai Dai, Tekki, Ura will Not score any points.

Competitors' age as on the date March. 10th, 2012 is the age divisions to be categorized.

German Championships – Youth Elite and Juniors Category

~KUMITE Rules~

Age	6~9 yr	10~14 yr	15~17 yr
Match Duration	60sec → 30sec → Weight→	90sec → 60sec → Weight→ 60sec	120sec →90sec → Weight→ 60sec
Weight Difference	3 kg	3 kg	5 kg

*If the match goes to 2nd weight difference, a fighter with smaller weight will be declared as a winner.

Competitors' age as on the date March. 10th, 2012 is the age divisions to be categorized.

~PROTECTIVE Gears~

Age	6~9 yr	10~14 yr	15~17 yr
Head Gear	IKO standard head gear WITH face cover	IKO standard head gear with NO face cover	
Mouth Guard	Optional	Required	
Body Protectors	Yes	No	
Fist Guards	IKO standard Fist Guard	IKO standard Fist Guard „Ichigeki Style“	
Knee Pads	IKO standard Knee Pads		
Shin Pads	IKO standard Shin Pads		
Boys Groin Cup	Required		
Girls Groin Guard	Optional	IKO standard Girls Groin Guard	
Girls Breast Pads	Optional	IKO standard Girls Breast Guard	

German Championships 2012 – Men and Women Beginners Category

~KUMITE Rules~

Age	18 yr and older
Belt Rank	Up to 5kyu
Match Duration Up to quarterfinals	120sec → 120sec → Weight → Shingi*
Match Duration After quarterfinals	180sec → 120sec → 120sec → Weight → Shingi*
Weight Difference	3kg
Tameshiwari	No

*Shingi : Supreme Judge, Referee and Judges will talk over.

Competitors' age as on the date March. 10th, 2012 is the age divisions to be categorized.

German Championships 2012 Seniors up 38yr Category

~KUMITE Rules~

Age	38 yr and older
Belt Rank	Blue and up
Match Duration Up to quarterfinals	120sec → 120sec → Weight → Shingi*
Match Duration After quarterfinals	180sec → 120sec → 120sec → Weight → Shingi*
Weight Difference	5kg
Tameshiwari	No

*Shingi : Supreme Judge, Referee and Judges will talk over.

Competitors' age as on the date March. 10th, 2012 is the age divisions to be categorized.

~PROTECTIVE Gears~ (Beginners and Seniors up 38yr)

Category			
Head Gear	IKO standard head gear with NO face cover		
Mouth Guard	Required		
Fist Guards	IKO standard Ichigeki Open Finger Glove		
Knee Pads	IKO standard Knee Pads		
Shin Pads	IKO standard Shin Pads		
Groin Cup	Required		

German Championships 2012 – Men and Women Category

~KUMITE Rules~

Age	18 yr and older
Belt Rank	Green and up
Match Duration Up to quarterfinals	120sec → 120sec → Weight → Shingi*
Match Duration After quarterfinals	180sec → 120sec → 120sec → Weight → Shingi*
Weight Difference	5kg
Tameshiwari	No

*Shingi : Supreme Judge, Referee and Judges will talk over.

Competitors' age as on the date March. 10th, 2012 is the age divisions to be categorized.

~PROTECTIVE Gears~ (Profi)

Head Gear	No
Mouth Guard	Required
Fist Guards	No
Knee Pads	No
Shin Pads	No
Groin Cup	Required